



July Newsletter from Coastal Neighbors Network

Coastal Neighbors Network
<admin@coastalneighborsnetwork.org>

Tue, Jul 14, 2020 at 11:46
AM

[View this email in your browser](#)



VILLAGE MATTERS



Kale, kale, the gang's all here! Coastal Neighbors Network volunteers Rosemary and Tony Melli pack bags of kale for neighbors in need during the coronavirus public health crisis.

Helping Neighbors in Need

The coronavirus may have kept you at home, but it didn't keep Coastal Neighbors from helping - members and non-members - in the community.

- We were busier than ever providing no-contact delivery of groceries and medications, making face masks, and helping with yard work and limited home chores.
- We also formalized “new normal” protocols to ensure the safety of members and volunteers. As Andy Pollock, our Executive Director, said, “We are very excited to be offering services again as we gradually open up, but the safety of our members and volunteers is preeminent. Our guidelines follow Governor Baker’s recommendations. We cover four main areas of activity including: driving members to appointments; social

visits outside the home; limited chores inside the home; and yard work with limited contact."

- Since many of our services had to be curtailed or limited during the lockdown, Coastal Neighbors decided to offer three months of free membership to our Service Members. We extended the term of membership by three months for household and individual members who receive volunteer services. "We felt it was the right thing to do, given the restrictions we all had to endure," Kate Fentress, our Board Chair, explained.

A Smile Hides Under the Mask and a Friend Calls on the Phone

Board members and volunteers dusted off their sewing machines and made over 200 face masks.

To keep in close touch with members, we established a "telephone buddy system" where volunteers call members on a regular basis and help break up the monotony of staying at home. It's a warm and friendly way to check on the health and well being of our members during these (still) uncertain times.





Food for the hungry

Dartmouth United Outreach, a local grassroots organization, gets a weekly hand from Coastal Neighbors volunteers.

A few times each week, volunteers from Coastal Neighbors work with the ministry of the Smith Mills Congregational Church sanitizing, packing and delivering as many as 200 bags of groceries a week to residents in need in the community.

Changes

Despite all the changes during the pandemic, Coastal Neighbors has continued to fulfill its commitment to reach out to the community in the same way it helps its members live safely and comfortably in their own homes. We are passionate about enabling neighbors maintaining a full and meaningful life and staying connected to friends and familiar surroundings. That's why our members are glad they've joined. And that's why member Pat Cashmore exclaimed, "I just wouldn't be able to stay in my house without Coastal Neighbors. I wouldn't have the confidence to do it alone and keep my lifestyle as I've always done." We love you, Pat!



The "Cocktail Guru" Will Lift Your Spirits!

We are happy to announce the Coastal Neighbors *Virtual Happy Hour* - and you are invited!

On Friday, August 14 at 5:00 PM, we will be hosting a Fun Happy Hour with Jonathan Pogash. [Click this link](#) to register for the event. You will receive an email reminder the day before the event and it will contain the Zoom link you need to join the party.

You might even consider dressing up as a cocktail. How about a Pink Lady? Or a Side Car? Or Quarantini? Let your imagination run wild. Coastal Neighbors will award a bouquet of flowers from Silverbrook Farm as a prize for the Best Drink Costume!

Jonathan Pogash is one of the foremost cocktail consultants in the country. With nearly 20 years experience in the hospitality industry, Jonathan shares his insights with the most influential lifestyle publications from around the world and contributes his unique talents to TV and radio shows.

At the Coastal Neighbors Virtual Happy Hour, Jonathan will demonstrate his skills in creating exotic and delicious cocktails. Using ingredients you likely have at home, you can follow along, watch your neighbors and have some fun. How's this for a toast?

“Here’s to staying positive and testing negative.”

Your Support Matters

As we gradually reopen our state, we hope you’ll remember that Coastal Neighbors Network has been actively engaged in our community during these past months of change and uncertainty. If you would like to show your appreciation, we would certainly appreciate your financial support.

Your generosity makes it possible for neighbors from all income levels to become members of Coastal Neighbors Network and benefit from the wide range of services we provide. To make a gift, [please click here](#) and you’ll be directed to our secure website.

Our volunteers, members, and Board of Directors all thank you!

Feel free to give us feedback on Village Matters and/or submit an article for publication. We would LOVE to add to our writing staff!

Kate Fentress, Chair
Steve Kiechel, Vice-Chair
Margot Hand, Secretary
Chris Strasser, Treasurer

Gay Gillespie
Kim Goddard
Gretchen Graef
Margaret Jones

Nancy Kurtz
Lisa Mellgard
Dock Murdock
Paula Walsh



Caring | Community | Connection

The Mission of Coastal Neighbors Network is to enable Dartmouth residents aged 50 and over to remain at home and to stay connected through a range of services provided by volunteers and approved vendors. We are a non-profit membership organization dedicated to the concept of Aging in Place.

Copyright © 2020 Coastal Neighbors Network, All rights reserved.
You are receiving this email because you signed up for this mailing list on our the village website

Our mailing address is:
Coastal Neighbors Network
PO Box 80073
Dartmouth, Massachusetts 02748

[Add us to your address book](#)

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#)



Copyright © 2020 Coastal Neighbors Network, All rights reserved.
You are receiving this email because you signed up for this mailing list on our the village website

Our mailing address is:
Coastal Neighbors Network
PO Box 80073
Dartmouth, Massachusetts 02748

[Add us to your address book](#)

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

