

COASTAL NEIGHBORS NETWORK

NEWS

Discussion Group: Exploring Uncharted Waters

Join us this fall for a new discussion group that will explore “Uncharted Waters: The Gifts and Challenges of Years.” Pat Cashmore, a Coastal Neighbors member and retired family and couples therapist, will facilitate the group, using a book by Joan Chittister entitled, *The Gift of Years: Growing Older Gracefully*. The schedule and all details will be available in late summer; watch our weekly and online program listing.

Convention Time

The loose confederation of entities similar to Coastal Neighbors is called the Village-to-Village Network. Did you know that there are over 300+ Village organizations across the country? The Network even holds an annual convention. This year, it will be held via zoom and you are invited to attend from the comfort of your favorite chair! If you are interested in participating either for the entire conference or for special sessions, give Andy a call for more details at 508-558-4004.

Date: October 3 - 4, 2023



Croquet Anyone?

Wear a summer hat, grab a mallet or enjoy a comfortable chair, and let the games begin! We are playing a simple and relaxed version of croquet. Refreshments will be served.

No previous experience needed.

When: August 24, 2:00-4:00 p.m.

Where: Silverbrook Farm, 592 Chase Rd, Dartmouth

Wear: Comfortable shoes, sun hat

RSVP: Call 508-556-4004 or register online at coastalneighborsnetwork.org

Transportation: Call Andy at 508-556-4004



Meet Your Neighbor!

Mia Lahti, Board and Committee Member

There's a beautiful tapestry hanging on the conference room wall at Mia Lahti's office in New Bedford. It's a colorful, intricate map of Italy and illustrates the beginning of Mia's fascinating professional journey — from Vassar College undergraduate to a glorious year in Italy at the University of Bologna studying political science (completely in Italian), on to law school at Suffolk University, and then a career focusing on legal aid, special education law and guardianship, and elder law and estate planning. Coastal Neighbors is fortunate to have someone with Mia's expertise and experience helping guide our organization. At her firm, Fletcher Tilton PC, Mia works with older people who are dealing with the challenges of aging. "Most of them hope to be able to stay in their homes and communities as they age — and Coastal Neighbors can help make that happen," Mia notes. Mia and her husband Mike (also an elder law attorney) have lived in Dartmouth for 28 years and have three children. Their son is a New Bedford police officer and their two daughters are in college, one an undergraduate at Temple University and the other pursuing a Master's Degree in environmental policy and law.

Volunteer Appreciation Brunch

All are invited to come and enjoy music, food and a speaker in a wonderful setting.

We appreciate all our volunteers; you make Coastal Neighbors run! Come and bring a friend along too.

When: September 23, 10:00 a.m. - 12:00 p.m.

Where: YMCA, 276 Gulf Road, Dartmouth

RSVP: Call 508-558-4004 or register online at coastalneighborsnetwork.org

Transportation available: Call 508-558-4004

Volunteer and retired chef, Jim Mercer sharing culinary tips with Paul DeMendonca

