

# COASTAL NEIGHBORS NETWORK

## NEWS

### Thank You, Volunteers

Coastal Neighbors would be nothing without our cadre of wonderful volunteers. We appreciate all that these dedicated people give back to our community. We can't thank them enough. Please reach out to Andy if you would like to volunteer. We need all types of skills.

### Recognizing Scams!

Coastal Neighbors is partnering with the Bristol County District Attorney's office to sponsor a workshop on identifying and avoiding scams. A speaker from the DA's office will facilitate.

When: Nov 7, 1:00 p.m.

Where: Allen's Neck Friends Meeting House,  
739 Horseneck Rd,  
Dartmouth

Transportation available

RSVP Call 508-556-4004 or  
register online at  
[coastalneighborsnetwork.org](http://coastalneighborsnetwork.org)



## Harvest Moon Potluck!

Come and enjoy a wonderful dinner and community. Bring what you can and enjoy!

When: October 28, 5:00 p.m.

Where: Allen's Neck Friends Meeting House,  
739 Horseneck Road, Dartmouth

RSVP: Call 508-556-4004 or register online at  
[coastalneighborsnetwork.org](http://coastalneighborsnetwork.org)

Transportation: Call Andy at 508-556-4004



## Meet Your Neighbor!

Pam Bermudez,

Chair, Membership Committee

Pam Bermudez has lived in Dartmouth for 37 years. For most of that time, she's been a volunteer in the community – even while pursuing a demanding career as a dietitian and educator. Pam's initial volunteer work revolved around her children's activities at school and sailing. In fact, she co-chaired the parent teacher organizations in the elementary, middle AND high school over a span of 18 years! With her three children now grown, Pam devotes some of her volunteer time to Coastal Neighbors as Chair of the Membership Committee, a position she's held for four years. Pam is a registered dietitian, with degrees from University of Rhode Island and Emory University. Her career has taken her to hospitals and clinics in Boston, Rhode Island and even Aberdeen, Scotland! At the high-risk prenatal clinic at Women and Infants Hospital in Providence, she became interested in the interaction between diabetes and pregnancy. That led to additional training and work as a diabetes educator. Recently retired, Pam feels strongly about supporting the good work of Coastal Neighbors. "It's satisfying to know that we're providing a valuable service to people in our community."

# Holiday Greens Workshop

All are invited to come and enjoy making swags, wreaths or bouquets of greens. Pick some decorative items and bring them to share. Refreshments are provided.

Come and bring a friend along, too. Bring clippers and holiday cheer.

When: December 6 , 2:00 p.m. - 4:00 p.m.

Where: Silverbrook Farm, 592 Chase Road, Dartmouth

RSVP: Call 508-556-4004 or register online at [coastalneighborsnetwork.org](https://coastalneighborsnetwork.org)

Transportation available: Call 508-556-4004

